

PAREA Playgroup



Sponge Painting is a wonderful way for young children to explore paint, develop eye-hand coordination and get creative. They don't need to have superior fine motor skills to succeed at making interesting patterns on paper.

sponge painting
for babies & toddlers

What is needed:

- Regular kitchen sponges cut into different shapes,
- Different coloured poster paints
- Paper Plates or paper and clothes pegs

Method:



- Cut the sponges into quarters and attach a clothes peg on each
- Attaching the clothes pegs gives them an easy way to hold onto the sponges and develops fine motor skills.
- Place a few squirts of different coloured paint into the middle of the table
- Let the children mix the colours and explore different patterns.
- This can be done on large sheets of paper or individually on paper plates

